

Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: Jacob Nelson Activity: High School Volleyball Level: High School

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911 TEAM	CPR/AED TEAM	AED TEAM

CALL 911	START CPR	GET THE AED
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CALL 911. Explain emergency. Provide location.			<ol style="list-style-type: none"> 1. Position person on back 2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression. 3. Take turns with other responders as needed 				<u>PRACTICE</u>	<u>EVENTS</u>
	PRACTICE	EVENTS						

Closest Phone	Directors Office	Directors Office	Coach	Jacob Nelson	Jacob Nelson	Closest AED	By The Concession	By The Concession
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EMS Access Point	Behind Facility	Behind Facility	Student 1	Callie Goetz	Callie Goetz	Student 1	Ali Wilcox	Ali Wilcox
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Street Intersection	Players Club Drive	Players Club Drive	Student 2	Bree Gruse	Bree Gruse	Student 2	Lia Duffield	Lia Duffield
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		GET THE ATHLETIC TRAINER
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Student 1	Nora Aliff	Nora Aliff	WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS			Typical Location	N/A	N/A
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Student 2	Maddie Villers	Maddie Villers	<ol style="list-style-type: none"> 1. Remove clothing from chest. 2. Attach electrode pads as directed by voice prompts. 3. Stand clear while AED analyzes heart rhythm. 4. Keep area clear if AED advises a shock. 5. Follow device prompts for further action. 6. After EMS takes over, give AED to Athletic Administrator for data download. 			Student 1	Sara Zachwieja	Sara Zachwieja
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						Student 2	N/A	N/A
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CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

MEET AMBULANCE at EMS Access Point. Take to victim.			4 HEAT STROKE TEAM					
	Practice	Events				PREPARE TUB DAILY		

Entry Door/Gate	Back Door Main gym	Back Door Main Gym				PREPARE TUB DAILY		
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Student 1	Hannah Divers	Hannah Divers	Tub Location	Ice Room	Ice Room		PRACTICE	EVENTS
Student 2	Hope Linton	Hope Linton				Student 1	Ilyauna Evans	Ilyauna Evans

CALL CONTACTS. Provide location and victim's name.			Water Source Location	Ice Room	Ice Room	Student 2	Telina Williams	Telina Williams
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	NAME	CELL	Ice Source Location	Ice Room	Ice Room	<ol style="list-style-type: none"> 1. Remove equipment/excess clothing. Move to shade. 2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body 3. Monitor vital signs. 4. Cool First, Transport Second. 5. Cool until rectal temperature reaches 102 F if ATC or MD is available. 6. If no medical staff, cool until EMS arrives. 		
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Athletic Trainer			Ice Towel Location	Ice Room	Ice Room
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Athletic AD	Jacob Nelson	304-859-8984			
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Student 1	Maddie Morris	Maddie Morris	Student 1	Abigail Dotson	Abigail Dotson
Student 2			Student 2	Callie Goetz	Callie Goetz