

## Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: Amy Mullen      Activity: High School Girls Soccer      Level: HS

<b>1</b> <b>911 TEAM</b>	<b>2</b> <b>CPR/AED TEAM</b>	<b>3</b> <b>AED TEAM</b>
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<b>CALL 911</b>	<b>START CPR</b>	<b>GET THE AED</b>
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<b>CALL 911. Explain emergency. Provide location.</b>			<ol style="list-style-type: none"> <li>1. Position person on back</li> <li>2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression.</li> <li>3. Take turns with other responders as needed</li> </ol>				<u>PRACTICE</u>	<u>EVENTS</u>
	PRACTICE	EVENTS						

<b>Closest Phone</b>	Coach Cell	Coach Cell	<b>Coach</b>	Amy Mullen	Amy Mullen	<b>Closest AED</b>	In Pavilion	In Pavilion
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<b>EMS Access Point</b>	Schoenbaum Stadium (road by concession)	Schoenbaum Stadium (road by concession)	<b>Student 1</b>	Molly Weber	Molly Weber	<b>Student 1</b>	Lauren Chapman	Lauren Chapman
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<b>Street Intersection</b>	Coonskin Park	Coonskin Park	<b>Student 2</b>	Mia Lough	Mia Lough	<b>Student 2</b>	Mary Rushworth	Mary Rushworth
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			<b>Student 3</b>	Ella Grace Gillis	Ella Grace Gillis	<b>GET THE ATHLETIC TRAINER</b>		
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<b>Student 1</b>	Aurelia Kirby	Aurelia Kirby	<b>WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS</b>			Typical Location	Bench	Bench
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			<ol style="list-style-type: none"> <li>1. Remove clothing from chest.</li> <li>2. Attach electrode pads as directed by voice prompts.</li> <li>3. Stand clear while AED analyzes heart rhythm.</li> <li>4. Keep area clear if AED advises a shock.</li> <li>5. Follow device prompts for further action.</li> <li>6. After EMS takes over, give AED to Athletic Administrator for data download.</li> </ol>			Student 1	Alyssa Hanna	Alyssa Hanna
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<b>Student 2</b>	Savanna Lovejoy	Savanna Lovejoy	<ol style="list-style-type: none"> <li>1. Remove clothing from chest.</li> <li>2. Attach electrode pads as directed by voice prompts.</li> <li>3. Stand clear while AED analyzes heart rhythm.</li> <li>4. Keep area clear if AED advises a shock.</li> <li>5. Follow device prompts for further action.</li> <li>6. After EMS takes over, give AED to Athletic Administrator for data download.</li> </ol>			Student 2	Elle Cicenias	Elle Cicenias
<b>CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.</b>								

<b>MEET AMBULANCE at EMS Access Point. Take to victim.</b>			<b>4 HEAT STROKE TEAM</b>					
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	Practice	Events				<b>PREPARE TUB DAILY</b>		
<b>Entry Door/Gate</b>	Main Entrance	Main Entrance						

<b>Student 1</b>	Abby Messer	Abby Messer	<b>Tub Location</b>	Ice Room	Ice Room		<b>PRACTICE</b>	<b>EVENTS</b>
<b>Student 2</b>	Aurelia Kirby	Aurelia Kirby				<b>Student 1</b>	Mara Winter	Mara Winter

<b>CALL CONTACTS. Provide location and victim's name.</b>			<b>Water Source Location</b>	Ice Room	Ice Room	<b>Student 2</b>	Ella Green	Ella Green
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	<b>NAME</b>	<b>CELL</b>	<b>Ice Source Location</b>	Ice Room	Ice Room	<ol style="list-style-type: none"> <li>1. Remove equipment/excess clothing. Move to shade.</li> <li>2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body</li> <li>3. Monitor vital signs.</li> <li>4. Cool First, Transport Second.</li> <li>5. Cool until rectal temperature reaches 102 F if ATC or MD is available.</li> <li>6. If no medical staff, cool until EMS arrives.</li> </ol>		
<b>Athletic Trainer</b>		-9446	<b>Ice Towel Location</b>	Ice Room	Ice Room			
<b>Athletic AD</b>	Jacob Nelson	304-859-8984						
<b>Student 1</b>	Molly Messer	Molly Messer	<b>Student 1</b>	Stella Bailey	Stella Bailey			
<b>Student 2</b>	Francesca	Francesca Fairless	<b>Student 2</b>	Audrey Lowe	Audrey Lowe			

	Fairless					
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